

**FOR IMMEDIATE RELEASE OR ANYTIME**

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**Take the mystery out of dream interpretation**  
**Learn to think with *all* your senses to more accurately understand your dreams**

In our quest to understand and improve our lives and relationships, sleep has become a final frontier in discovering the world within. There are sleep centers and clinics popping up and researchers curious about the science of how and why we dream are looking for insights into the space that occupies that mysterious in-between.

Author Terri Ullstrup takes readers on a new venture in exploration of our dreams to uncover their meanings and how they relate to our day-to-day in her new book *Dreamtime Dream Interpretation: Opening to Your Spiritual Sight Within*. This helpful workbook walks readers through her unique “multi-dimensional” method of dream interpretation that bridges the physical *and* non-physical spiritual being within to awaken a full understanding of our dreams. It provides tools for turning baffling dreams into personal breakthroughs.

Readers will learn:

- How to think “multi-dimensionally” just like their subconscious self (their DreamSelf Within).
- Techniques for remembering and recording their dreams.
- How to decode the emotional and spiritual language of dreams.
- Tips and tools for accurately interpreting dreams.

According to Terri “Thinking multi-dimensionally” is learning first that you are a Being of many dimensions within, a physical *and* non-physical Spiritual being which is where your dreams originate. It is then learning to “think” from that multi-dimensional perspective to easily and accurately interpret your dreams.

About the Author

Terri Ullstrup has been developing and testing this breakthrough method for over 20 years. She has accurately interpreted thousands of dreams for people all over the world. She leads workshops to help people with their own accurate dream interpretation success stories and offers her consulting services to help her clients develop their skills to translate what they learn from their dreams into definitive action for their everyday lives.

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To learn more about *Dreamtime Dream Interpretation: Opening to Your Spiritual Sight Within*, or to receive a review copy or to book the author for an interview or speaking engagement, email Terri at [ullstrup@aol.com](mailto:ullstrup@aol.com) or visit [www.dreaminterpretation.com](http://www.dreaminterpretation.com) Books are available through Amazon or your favorite bookstore.

