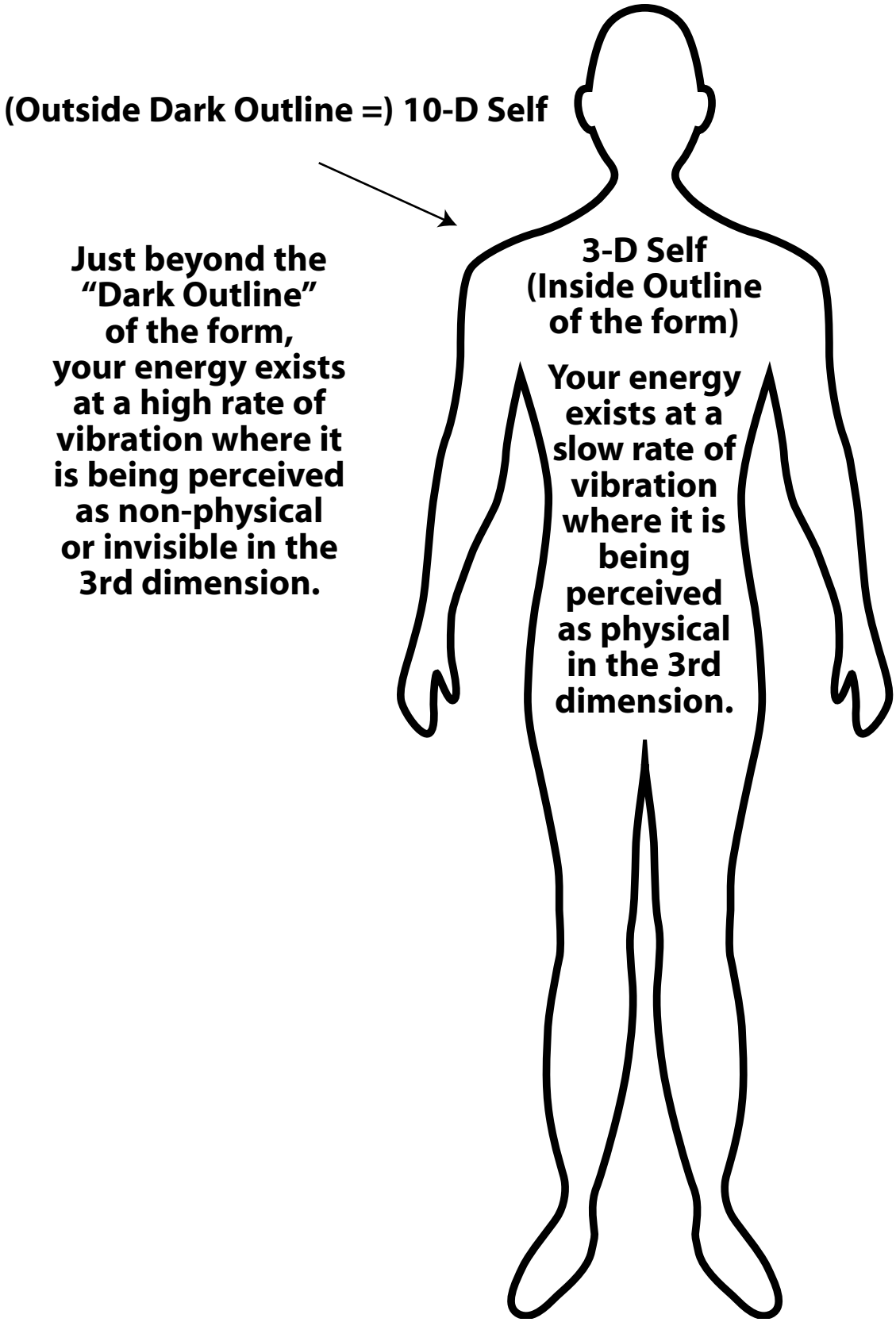
Figure 2.3

You As An "Energy Being"